

INDEPENDENT MENTAL HEALTH ADVOCACY IN HAMMERSMITH & FULHAM



IMHA Have you been detained under the Mental Health Act? You may be eligible for advocacy support.

WHAT IS AN INDEPENDENT MENTAL HEALTH ADVOCATE (IMHA)?

- An independent professional who supports people detained under the Mental Health Act 1983.
- This is a free and independent service.
- Qualifying patients have the right to support from an IMHA.
- Referrals can be made by the patient, their family, friends, carers or professionals
- An IMHA will only support you with your consent

WHAT CAN AN IMHA DO?

- Inform you of your rights and ensure that your rights are being upheld.
- Support you to be heard in ward rounds, meetings or reviews (both in person or virtually if needed).
- Help you gain clarity about your treatment, detention or medication.
- Speak on your behalf (with your permission).
- Help you to raise an appeal and attend a tribunal with you.

WHO QUALIFIES FOR IMHA SUPPORT?

- People detained under a Section 2 or Section 3
- People detained under Section 37 or Section 41
- People on a Community Treatment Order (Supervised Community Treatment)
- People being considered for specific treatments under Section 57 or Section 58a
- People subject to a Guardianship order

HOW CAN IMHAs BE CONTACTED?

- IMHAs are on site at Hammersmith and Fulham Mental Health Unit **two days a week** (Tuesdays and Thursdays).
- IMHAs visit wards by appointment to check in with new and existing patients and attend meetings with them
- You can contact the IMHA service directly using the details below
- You can also ask ward staff, friends or family members to contact IMHAs for you.



**SUBMIT A REFERRAL
ONLINE OR CONTACT US**



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www.hfan.org.uk



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